



Karuk Ceremonial Dates for 2005

- ▶ **June 17 - June 20:** *Panamniik Brush Dance*
- ▶ **July 8 - July 11:** *Athithufyuunupma Brush Dance*
- ▶ **July 17:** *Inam Salmon Ceremony (Inamvaan)*
- ▶ **July 22 - July 25:** *Katimiin Brush Dance*
- ▶ **August 5 - August 14:** *Amekyaraam Jump Dance*
- August 11 - August 17:** *Inam Pikyavish* ◀
- August 28:** *Ti Bar War Dance* ◀
- August 31 - September 6:** *Tishawniik Pikyavish* ◀
- September 10 - September 15:** *Katimiin Pikyavish* ◀

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Chairman Arch Super's Corner of the World

OCTOBER - We attended a Children's Judicial Training in Mathers, CA. Judicial Court Director April Attebury, Tribal Secretary Florraine Super and I went to a training conference with the Office of Emergency Services (OES). We went over what our court system is doing. OES had some additional monies they were going to be able to distribute to us and two other Tribes. Our Temporary Assistance for Needy Families (TANF) work group has been getting together on a couple of occasions to look at the possibilities of establishing a TANF program through our Tribe. TANF is a Tribal welfare system and the services would be more than the County could offer us.



*Arch Super,
Karuk Tribal Chairman*

The gaming work group met with the Native Sons Casino Investors. We met with a couple of Tribal Casinos to get information on the building, purchasing, investing, and operating of Tribal gaming. The meetings were to get us ready for the next steps into our gaming endeavor. Also in October, we had conference calls with our gaming attorney Bradley Downes and his associate Eric Eberhard. We had been working on strategies for continuing our gaming venture. We have been given advice from our attorneys as well as giving them direction as to where we would like to be headed. We are still trying to get our papers filed with the National Indian Gaming Commission (NIGC) and the Bureau of Indian Affairs (BIA).

The Council met and reviewed the coming year's budget with our CFO, Laura Mayton. She gave us a complete breakdown of monies in all department budgets; what monies they have in their budget; what monies were carried forward and the outlook on all department budgets.

Our Low Income Assistance Program (LIAP) Committee has been meeting on a monthly basis. We are meeting with the LIAP coordinator, Lisa Aubrey. We are trying to ensure that the program is running smoothly. In this department, there are a lot of programs, services and resources that are being offered to our Tribal Members.

Our Court Appointed Special Advocate (CASA) program started its initial training in October. April Attebury, Judge Flies Away and their staff planned and presented the training with other professionals in attendance. The program is up and running.

NOVEMBER – Tribal and US elections were held on November 2, 2004. We had a below average turnout. Two positions were available and only two Tribal members ran. The Council would like to encourage our Tribal members to consider being part of the leadership for Tribal government. If anyone is interested, please get in touch with your Council members for information on the process and ongoing politics of our Tribe and other governments that we deal with.

The KTHA is looking into security for Tribal Housing. Some of the Tribal Council met with the KTHA committee to interview and review the process of having security in our Tribal Housing. The plan is under way and we hope to have some processes and progress in the near future.

We continue to have our Mid Month Meeting with the Department of Natural Resources (DNR). Sandi Tripp and her staff gives us weekly and monthly updates of what is happening in DNR. They also have a quarterly Newsletter that is distributed to our Tribal Membership. DNR presents proposals and contracts to the Tribal Council for the ongoing work and projects within the DNR. They currently have a few projects and programs that maintained.

A self governance conference was held in Seattle, Washington. I traveled with our Health Director, Wes Valentine; Self Governance Coordinator, Hector Garcia; and Tribal Council Members Florraine Super and Roy Arwood. The conference covered legislative issues with Tribal Nations. Hector spoke to the panel on some issues he was concerned about for the Karuk Tribe. The conference was very informative.

The gaming work group has been working on a gaming appeal letter. The NIGC and BIA denied our request for gaming in Yreka. The gaming work group is working on a letter of appeal with our attorneys for submission.

The Tribal Council and the Karuk Community Development Corporation (KCDC) Committee met to review the status of KCDC and the Karuk Building Center. We have been monitoring the operations of both departments to ensure stability.

The Head Start Federal Review was held the last week of November and the first week of December. The review was interesting. We did well. Information was shared with the program managers and directors that work with our Head Start Program. We were able to inform them of services and additional monies that our program needs. We are hoping that we can advocate for more funding.

DECEMBER – The Tribal Council seeks to review, update, and possibly amend our Tribal Constitution. We met with our California Indian Legal Services (CILS) attorney, Stephanie Dolan, to go over our Tribal Constitution. Our Constitution has many updates and revisions that need to be reviewed and addressed.

We attended our Human Resources Services



Administration (HRSA) grant workshop/training conference in Baltimore, Maryland. I traveled to Baltimore with Health Director, Wes Valentine and CFO, Laura Mayton. We participated in the training for new HRSA Grantees and met our program representatives. We already had

much of the procedures and planning necessary for the grant in place. We have now started our three year grant plan with HRSA.

We attended a consultation meeting with PacifiCorp Settlement Group in Redding. The group discussed and debated the language and protocol of the mediation process regarding FERC and PacifiCorp. Councilmen Leaf Hillman and Roy Arwood were in attendance along with DNR staff, Sandi Tripp, Jim Henderson, Ron Reed and Toz Soto.

Our entire staff of Tribal Employees had their annual Awards Banquet. It was good to see a big turnout of over 150 employees and guests. We had dinner and awards. We had two Memorial Office Closures in honor of our full blood Tribal Members, Fanny Juanita (Webb) Fisher and Priscilla "PJ" Dean (Jerry) Ainsworth. The Tribe was very saddened by the passing of our Tribal Members.

JANUARY – The Tribal Council met with our Self Governance Coordinator, Hector Garcia regarding the Tribe's association with the California Trust Reform. The Trust Reform consists of a consortium of six other Tribes and the consortium unites to push issues that we have with the US government. The Karuk Tribe will continue to provide give and take on important issues with the California Trust Reform.

We traveled to the NEV/CAL Tribes meeting and the SWIHA Tribal Consultation in Scottsdale, AZ. I traveled with the KTHA Director, Sami Jo Difuntorum, KTHA Committee members, Verna Reece and Tribal Councilman, Alvis Johnson. The NEV/CAL meeting was to discuss issues of concern and priority for Housing represented through NEV/CAL. It was their quarterly meeting. The SWIHA meeting was for HUD representatives to listen to the concerns regarding issues that deal with HUD and the US government with Tribal Housing. These issues and concerns will be taken back to DC and Congress in February.

2005 Meeting Schedule for the Health Board and Tribal Council

Each month the Tribal Council holds two meetings; the Health Board and the Council meeting. The Health Board meetings are held the second Thursday of the month starting at 5 PM at the Happy Camp Administrative Office, and the Council meetings are held the fourth Thursday of the month starting at 5 PM. The Council meeting location rotates between Yreka (Housing Authority Office), Happy Camp (Administration Office), and Orleans (Natural Resources Office). The following dates are the tentative schedule for 2005. To check for changes, you can access the schedule on our website at <http://www.karuk.us/staff/meetinginfo.php>

From this website you can also access previous meeting minutes and request to be added to the agenda.

Health Board Meetings

- Jan. 13 – Happy Camp
- Feb. 10 – Happy Camp
- Mar. 10 – Happy Camp
- Apr. 14 – Happy Camp
- May 12 – Happy Camp
- June 9 – Happy Camp
- July 14 – Happy Camp
- Aug. 11 – Happy Camp
- Sept. 8 – Happy Camp
- Oct. 13 – Happy Camp
- Nov. 10 – Happy Camp
- Dec. 8 – Happy Camp

Council Meetings

- Jan. 27 – Yreka
- Feb. 24 – Orleans
- Mar. 24 – Happy Camp
- Apr. 28 – Yreka
- May 26 – Orleans
- June 23 – Happy Camp
- July 28 – Yreka
- Aug. 25 – Orleans
- Sept. 22 – Happy Camp
- Oct. 27 – Yreka
- Nov. 17 – Orleans
- Dec. 22 – Happy Camp

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and **April 15** for the spring issue. These dates will be the same every year.

Notes from the Secretary

Florrine Super, Council Secretary



Florrine Super

Ayukii, Happy New Year! I would like to take the time to thank all Tribal staff for the hard work and dedication they give to the Tribe. Congratulations to those employees who received awards at the annual Awards Banquet. It has been great to work with all the different employees. The Head Start staff has always made me feel welcomed and has shared their program and on-going activities. Tribal Courts has

involved me in planning and implementing their program's goals. Department of Natural Resources has graciously offered to educate me on all projects and goals they have set for their department. Social Services and Tribal health has made me feel welcome and has always been helpful when I stopped by their office. Our administrative office is always helpful. I hope to work more with all the other departments this coming year. Keep up the good work!

Here's my quarterly report:

Youth Leadership: Our Future Leaders!

I am working on implementing a youth council. Our goal is to teach our youth how to work with other young people on a local level as well as on a national level, develop greater self-esteem and self-confidence, develop communication and leadership skills, enhance their public speaking skills, learn how to work with Tribal and community leaders, and learn to be role models! Letters of intent and a completed application will be required, the applicant must hold a "C" average, and must be active in their community. Be sure to look for the application notice on our webpage or call my office. I am looking for parent/adult volunteers so give me a call if you are interested.

Elections: Be a part of the new tradition and VOTE!

The election committee will meet in January to close out the 2004 elections. Our goals for this year are to revise the current election ordinance; register our membership to vote; advocate voting in federal, state, and Tribal elections; and begin election 2005.

Election Committee: PO Box 815, Happy Camp CA 96039

Tribal Reunion: NEW Date for Tribal reunion.

Should the Tribal Reunion be held earlier in the year? This is what the Council has been discussing. Usually, it has been held in September which sometimes conflicts with ceremonies and hunting season. Once a decision has been made, we will let you know. For an update, go to www.karuk.us or give me a call. Please contact me if you would like to help with this year's Tribal reunion.

Karuk Tribe Foster Home:

We are still recruiting Tribal foster families. Our goal is to have a Karuk Tribal family foster home located at Yreka Karuk Tribal Housing. A house is available for a couple to move into. We will be recruiting couples who are interested in becoming foster parents. The need is great for our Tribal children. We want to provide a safe, loving and culturally sensitive home environment. Please contact me if you are interested.

Indian Child Welfare Committee (ICW):

Mission Statement: *The Indian Child Welfare Committee is hereby created for the purpose of protecting the best interests of the child and promoting the stability and security of the Karuk Tribe of California (the Tribe) and its Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act of 1978 and these Policies.*



We continue to work on protecting our Tribal children. We work closely with the Karuk Tribal Court, CASA program, and Social Services department. Our duties will increase as our Tribal Court takes their first case. This is a very exciting time for our Tribe. Our ICW committee is also responsible for the Karuk Tribe foster home.

Court Appointed Special

Advocate (CASA):

Mission Statement: *The Karuk Tribal Court Appointed Special Advocate program is to train and support court approved volunteers to advocate for Native American children who need representation in the State/Tribal Juvenile Court system, serving the children's best interests quickly and efficiently while preserving Tribal traditions and restoring common bonds.*

We are continually recruiting CASA volunteers. A CASA volunteer is an independent, objective advocate for the child who makes recommendations to the court regarding

the child's best interests. The CASA volunteer gathers independent information by reviewing all records pertaining to the child and talking with the child and others involved in the case. The volunteer then makes recommendations to the court and monitors the progress of the court-approved plan for the family. A CASA volunteer usually handles only one or two cases at a time - so they can concentrate solely on the needs of the child. Training is available. What training and support do CASA volunteers receive? Once accepted, volunteers receive the tools they need to serve as a CASA, including in-depth training and ongoing monthly support sessions. They learn about courtroom procedure, the Tribal court system, the social services system, how to work with families in crisis, and the special needs of children who have been abused or neglected. The CASA program provides support and assistance on an on-going basis. If you are interested, please contact me.

Low Income Assistance Program (LIAP):

Mission Statement: *The Karuk Tribal Low Income Assistance Programs are to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies.*

We have been continually working on a system so the LIAP department processes all applications in a timely manner. Also, we're working on communication by informing Tribal members on all LIAP services and letting clients know where they are in the process of being approved or not approved. Our goal is to make this program more efficient so it works for the program coordinator and Tribal members.

Gaming Endeavors:

No new actions at this time.

Website:

Interviews for our Information Technology Assistant will be in February. Staff has updated meeting dates and announcements on our website. We plan to have our directory updated and current events available soon. We also plan to have ordinances, policies, and program applications available. Please let me know what else you would like to see on the Karuk website.

I also hold a position as Head Start Representative. If you would like additional information and/or have any questions, feel free to contact me at any time. I send out a weekly schedule and information on upcoming meetings and committee openings. If you would like to be put on my email list, send me your email address with a note saying you would like to receive this information.

Yootva

Florraine Super, fsuper@karuk.us



Pictured are Karuk Tribal CASA Program participants being sworn in. From left: (second) Johnny Jerry; (third) Jennifer Goodwin; (sixth) Robert "Coon" Goodwin; (seventh) Darlene Navarro.

Karuk Tribal CASA Program Expands Into Humboldt County

Darlene Navarro, Tribal CASA Volunteer Coordinator

Eureka, CA – Friday January 15, 2005, after a week of intensive training, four participants representing the Karuk Tribal CASA program were sworn in as Court Appointed Special Advocates in Humboldt County. They were Johnny Jerry, Jennifer Goodwin, Robert Goodwin, and Darlene Navarro. Other participants not pictured were Corina Alexander, Hermanett Albers and Amanda Alexander. With the addition of these four sworn-in volunteers, our program can now serve children in Humboldt County. A Court Appointed Special Advocate for Native American children is a trained community member appointed to represent the best interests of a child in Tribal or state juvenile court. CASA volunteers generally are community members appointed by the court to advocate for children who are victims of abuse or neglect. The Indian Child Welfare Act (ICWA) states that "there is no resource that is more vital to the continued existence and integrity of Indian Tribes than their children." The Karuk Tribal CASA program provides an opportunity for individual community members to demonstrate that they truly believe that children are their community's most precious resource. CASA volunteers understand the work may be challenging, but it is also gratifying. CASA provides a unique community experience - the opportunity to work for abused and neglected children in a meaningful way and the opportunity for personal growth and development through challenging work. Although each case is different, a CASA usually spends about 10 hours doing research and talking to persons involved in the case prior to a court appearance. More complicated cases take longer. Once initiated into the system, volunteers generally work about 10-15 hours a month. With the exception of court appearances, CASA volunteers have considerable flexibility in scheduling interviews and other appointments. Consequently, you can serve as a CASA even if you have a full time job. If you are interested in becoming an advocate or just want more information, please contact Darlene Navarro at 530-842-9228 or email her at dnavarro@karuk.us.

Staffing Update

Sara Spence, Human Resources Manager



Sara Spence

Here is the quarterly update from my office. We currently have 152 employees on staff.

Viola Silva and Amber Ward-Ariza were hired as the Cooks for the Happy Camp Senior Nutrition Center. Vi started on 10/27 and Amber started on 11/29. Unfortunately, Vi will be leaving us and we have hired Bonnie Alvarez to take her place with Amber at the Center.

Both the Happy Camp and Yreka Head Start Centers lost their bus drivers and fortunately we were able to find replacements quickly to get the kids to school. Linda Thompson was hired for the Happy Camp Center on 11/2 and Lori Nesbitt was hired for the Yreka Center on 11/18.

Michael Tiraterra resigned his position as Mechanic in Happy Camp on 12/10. He accepted a position with the US Forest Service and we wish him well in his new position. Loren Offield, Jr. has been hired to take his place.

Marsha Jackson resigned her position as Resource Patient Management System Site Manager on 12/24. She worked for the Tribe for 6 years and we wish her well. We have revised her position to be a Database Administrator for all Tribal databases and the position has not been filled at this time.

Wilson Donahue resigned his position as Orleans Maintenance/Groundskeeper on 12/24 and we have not found a replacement as of this time.

Marlene "Sunday" Tripp-Kalua was hired as a Billing Clerk in the Happy Camp Billing Office and started on 12/6. Brenda Franklin was also hired as a Billing Clerk Trainee to replace Helen Attebery who retired on 1/7.

Bob Kupa's Smith was hired as the Language Program Dictionary Specialist and started on 12/8; he will be working with Susan Gehr on the Dictionary Project.

Hermanett Albers, Robyn Reed, and Chandra "Bianca" Alvarado were hired as Tutors through the Education Program and will be working with the kids in Yreka, Somes Bar, and Orleans. They all started in December.

Sheila Robinson has been transferred to the position of Yreka Elder's Field Worker and Michelle Charlesworth has been hired to fill her position as Clinic Receptionist at the Yreka Clinic. She started on 1/5.

DOI Requests Assistance

Sara Spence

The Department of the Interior (DOI) Office of the Special Trustee for American Indians (OST) requests assistance in securing current addresses for Individual Indian Money (IIM) account holders associated with the Tribe. Below is a list of IIM account holders who do not have a current address in the Trust Funds Accounting System. They have requested our assistance in securing these addresses by posting this list in the Tribal Newsletter.

If your name is on the list or you are a family member or friend that has a current address for one of these individuals, please contact the OST Office by calling toll free 1-888-OST-OTFM (678-6836), extension 392. You may also contact them in person or by mail at: Trust Program Management Center, 4400 Masthead Street NE, Albuquerque, NM 87109.

If you are a survivor of a deceased individual on the list, you may also contact the OST Office to let them know the person has passed away. We also ask that you contact Dolores Voyles in Enrollment so we may update the address on the mailing list as well. She can be reached at (800) 50-KARUK (505-2785), extension 2028. You may also contact her in person or by mail at 64236 Second Avenue, Happy Camp, CA 96039.

John T. Burcell, Gertrude E. Carlile Fall, Jerome Conrad, Judy Conrad, Edward E. Davis, Pauline Davis, Leonard Eagle, Kathryn Davis Kintano, Mason Joseph Kintano, Charles F. Lowery, Donald Mathews, Richard Mathews, Daniel Louis Mathus, Deborah Lynn McWilliams, Judy D. Rowton, Richard Lynn Scandone, Loren H. Smith Jr., Jackie Lynn Stolle, Adriana Mae Summers, Karen L. Tamblyn, Michael Thomas, Carol Thornton, Lawrence Thornton, Minerva Belnap Trumbo, Lisa Laarae Weber, Lloyd D. Wilbur, Barbara (Conrad) Wilson.

We are still currently seeking applicants for several positions. If you or anyone you know is interested in employment with the Tribe, additional information can be obtained on our Website at www.karuk.us. Just click on Employment Opportunities for more information about employment with the Tribe. On this website you can download an employment application as well as read full position descriptions for vacancies.

Indian Gaming Special Distribution Fund

Laura Mayton, CFO



In August of 2001 the Karuk Tribe of California began receiving payments from the Indian Gaming Revenue Sharing Trust Fund which is administered by the California Gambling Control Commission. The fund makes quarterly payments to Tribes who do not have a Gaming Compact and to Gaming Tribes who have less than 350 gaming devices. To date, the Karuk Tribe has received a total of \$2,972,755 from the Trust Fund.

The funds received from the Indian Gaming Revenue Sharing Trust Fund are the Tribe's main source of discretionary funds. Unlike grant funds which must be spent for a specific purpose, the Tribal Council may use its own judgment regarding how these funds are spent. The Council has recently been questioned by Tribal Members about how this money is being spent.

The following list shows where the money has been spent in the last 3 years.

- ▶ Pay Off Loan on the Karuk Building Center in Happy Camp -\$115,577
- ▶ Transferred to the Karuk Community Development Corporation -\$250,000
- ▶ Transferred to Karuk Building Center - \$30,000
- ▶ KCDC Construction Crew Project Completion - \$21,455
- ▶ KSWA Partnership - \$5,100
- ▶ Accounting Services for KCDC - \$53,946
- ▶ KCDC and Housing Audit Costs - \$58,752
- ▶ Gift to Housing for Purchase of Two Pieces of Property in Happy Camp -\$15,000
- ▶ Repay BIA Compact - \$126,713. This amount is for overspent programs from the early 90's. \$111,703 of the amount overspent was for Housing Improvement Projects.
- ▶ Operation of People Center - \$164,297
- ▶ Tribal Vehicles - \$159,988
- ▶ Property Purchase in Yreka - \$218,160. This amount includes interest and other acquisition costs.
- ▶ Council and Committee Stipends - \$70,223

- ▶ Newsletter - \$51,773. This amount includes creation, printing, and distribution.
- ▶ Travel - \$35,093
- ▶ Tribal Reunion - \$20,437
- ▶ Pharmacy Parking Lot - \$35,880
- ▶ Professional Fees - \$205,093
- ▶ Childcare - \$37,708
- ▶ Indirect Costs for Fire Crew - \$40,076
- ▶ Property Taxes for Land Not in Trust - \$34,875
- ▶ Casino Feasibility Study - \$10,800
- ▶ Election Expenses - \$12,864
- ▶ Head Start - \$15,970. Note that an additional \$376,451 needs to be set aside to cover indirect shortfalls for fiscal years 2002, 2003, and 2004. Head Start's indirect shortfall for 2002 = \$119,829, 2003 = \$124,545, and 2004 = \$132,077.

Funds have been spent on the free spay & neuter clinic, sports, Karuk Cycling, special requests, and miscellaneous other items.

Also several loans have been made to Tribal Members. These loans are not listed as expenses because we expect them to be repaid.



Contract Compliance Update

Erin Hillman, Contract Compliance Specialist

Agencies that receive federal funds like ours are required to comply with GPRA- the Government Performance and Results Act of 1993. The primary purpose is to hold federal agencies accountable for results, focusing on outcomes, improve internal management, and link that performance to budgets. The Tribe was invited to participate in the Program Assessment Rating Tool or PART Workshop to develop a program evaluation/ review tool. This tool will be used to measure the effectiveness of programs to ensure accountability. LIAP Administrator Lisa Aubrey and I attended the workshop in late November. Our goal was to gain knowledge that we would use to be successfully reviewed when the Tribe's programs are rated. We attended three days of workshops and after returning home, completed our comments on the PART process and submitted them to the BIA.

The programs that are scheduled to be reviewed by PART in May 2005 for the 2007 Fiscal Year budget are Economic Development, Welfare Assistance & Human Services (including Social Services, Indian Child Welfare, Welfare Assistance, and Alcohol and Substance Abuse Prevention) HIP (Housing Improvement Program) and Dams & Irrigation. The Karuk Tribe administers all but the BIA Economic Development and Dams & Irrigation Programs.

In December we received acceptance from the Bureau of Indian Affairs for the work performed by Karuk/SWA on the construction of the

roads in the Yreka Housing Community. This contract has now been closed. Some minor work will be performed on the roads in the spring of 2005. This will include the fixing of cracks in the sub grade on a small portion of Apsuun & Chuufich, culvert work, a guardrail repositioning and the slurry seal of the entire road system. We are waiting for the final Scope of Work from the BIA and will be putting this job out for bid at that time.

Although Maintenance Supervisor Fred Burcell and I have enjoyed inspecting and managing the Tribe's construction projects, we are still advertising to fill the Construction Manager's position. If you are interested in applying, please contact Sara Spence for information, or review the job description and application on our website at www.karuk.us.

For the first quarter of Fiscal Year 2005 which is October 1, 2004 through December 31, 2004, I reviewed a total of eight (8) grant applications totaling \$863,492. Twenty one (21) Independent Contractor Agreements totaling \$170,221 were passed through for Tribal Council approval. Documents to close out eight (8) expired grant agreements were filed with their respective funding agencies. The Tribe received notification of eleven (11) grant awards totaling \$1,781,402. The Department of Natural Resources was successful in their applications for Bureau of Reclamation, United States Fish & Wildlife, and Environmental Protection Agency funds amounting to \$891,050. The Tribal Court received notification for \$90,000 of National CASA and Department of Justice funds. The Health Program received its first year of a three year grant in the amount of \$649,212 for expansion projects. Miscellaneous grant awards include \$4,750 from Fund for Folk Culture for the Peoples Center, Title IVB for \$2,691 for foster care assistance, Karuk Community Development Corporation (KCDC) was awarded \$30,000 from the California Consumer Protection Foundation, DHHS awarded the Tribe \$106,405 for our Child Care program.

Self Governance Update

Hector Garcia, Self Governance Director

The Office of Self-Governance advocates local control by Indians. The road to achieving local control has been slow, but sure. The fruit of this idea can be seen in the development of housing, health and the Tribal court programs. These programs are successfully administered by the Tribe.

As the Self-Governance Director, I frequently receive emails and telephone calls from Tribal members who have such varied questions as: "Why can't I have a dog at housing?" to "Why are there long waits to get an appointment at the health clinic?" More recently I have received inquiries from Tribal members concerning the "Karuk Casino" and the conditions at the Elders' homes in Orleans.

This is not the place to discuss why dogs are not welcome at Tribal Housing, or what is going on at the clinic. Rather, I would like to remind Tribal members, that we are a self-governance Tribe and this means that each member is a participant in the administration of the various programs.

I know that this sounds incredible. That each of you is a participant in the administration of housing, the clinics, and the court. How can this be true?

The programs are ultimately run by our Tribal Council. Each of you have elected that Tribal Council member. They in turn must answer to you.

If self-governance is to be truly realized, then you need to get involved in the process itself. The next time you hear that the Council is meeting, show up and ask your Council about those things that are important to you. Better yet, take a friend along. Ask those hard questions. Your involvement will only make things better. I can't guarantee you will end up with a dog in your yard, but at least you will help raise important questions that many other people are thinking about, and you will be involved in the process of local Indian self-governance.



Karuk Tribal Council

Department of Natural Resources Watershed and Environmental Education Program

Jeanette Quinn, DNR Education Coordinator

Part of the mission of the Karuk Department of Natural Resources (DNR) is to “protect, promote, and preserve the cultural/natural resources and ecological processes upon which the Karuk People depend.” One way the DNR does this is through our Watershed and Environmental Education Program at local schools. The DNR’s Education Coordinator works with teachers, local agencies, and community members to help students and their families learn about the natural resources in our area and how to use them wisely.



An enthusiastic student collects aquatic invertebrates at Wolf Creek Environmental Camp

Projects that the Education Coordinator implements include Fall Salmon Spawning Surveys, Aquarium Incubators, Native Plants/Ethno Botany Studies, Stream Monitoring, Gardening, Recycling, Worm Composting, and other watershed/environmentally related projects that teachers request. The Education Coordinator is currently working on projects with three teachers at Orleans Elementary, two teachers at Jefferson High/Community Day School in Happy Camp, one ROP teacher at Happy Camp High School, and eight teachers at Happy Camp Elementary. The Education Coordinator will work with other local teachers as requested.

In October and November 2004, the Education Coordinator assisted Orleans Elementary with several projects: Wolf Creek Environmental Camp at Prairie Creek State Park for third through eighth graders, a service-learning field trip to Rock Creek Butte for students who will help develop a site for eco-tourism, and the second annual Garden Harvest Party.

In October, students from Junction Elementary, Forks of Salmon Elementary, Orleans Elementary, and Jefferson High/Community Day School participated in a Salmon Spawning Survey Training in preparation for the Fall 2004 Surveys on the local rivers and creeks. The training was



The Education Coordinator helps youngsters stuff a scarecrow at the Harvest Party.

coordinated by Tera Palmer of Salmon River Restoration Council (SRRC) and collaborators included DNR Fisheries, US Forest Service, CA Dept. of Fish and Game, SRRC, Mid Klamath Watershed Council (MKWC), and community volunteers. Students learned how to identify Chinook salmon, Coho salmon and Steelhead trout, how to collect data on redds (fish “nests”), how to be safe in and around the water, and how to process a fish carcass.



While at Rock Creek Butte, a student obtains a core sample from a fir tree in order to determine the tree’s age



The pumpkin painting station at the Harvest Party was a great place for students to be creative.

The Fall Surveys took place throughout October and November. Students from Junction Elementary and Forks of Salmon Elementary participated in weekly surveys on the Salmon River. Community, MKWC and SRRC volunteers assisted with these surveys. Students from Orleans Elementary also participated in weekly surveys on Camp Creek. AmeriCorps workers, Forest Service employees, Fish and Game employees, and Yurok Tribe Fisheries crew helped lead these surveys.

In the near future, students and community members will be able to watch Steelhead trout grow from eggs to fry in aquarium incubators at the Tribe’s Administration Office, at Orleans Elementary, and at Happy Camp Elementary. Students in Happy Camp will also be learning about Native Plants and their uses in coming months.

If you have questions about the Watershed and Environmental Education Program, or would like to find out how you can volunteer to help, contact Jeanette Quinn by phone at (530) 627-3446, or by e-mail at jqquinn@karuk.us.



Under the watchful eyes of a Fish and Game Biologist, students practice safely crossing the Salmon River at the Salmon Spawning Survey Training

Basketweavers Receive 2004 Annual California State Governor's Historic Preservation Award

Following the Smoke, the Karuk Indigenous Basketweavers' project, has received another award.

On November 17, 2004, members of the Karuk Indigenous Basketweavers, representatives from the U.S. Forest Service, and Bureau of Land Management, traveled to Sacramento to receive the California State Governor's Historic Preservation Award.

The Governor's Historic Preservation Awards are presented annually, under the sponsorship of California State Parks and the Office of Historic Preservation, to many organizations, groups, and state and local agencies whose contributions demonstrate outstanding commitment to excellence in historic preservation.

Following the Smoke is a Passport in Time project wherein the Karuk Indigenous Basketweavers use cultural exchange to promote the understanding of fire ecology and the benefits of fire on cultural resources. This project enables the public and resource managing agencies to come to the realization that preserving local culture, and managing the local resources go hand in hand.

The numerous awards this project has received are an indication of the program's success. It is the Basketweavers' hope that our message continues to be conveyed to public participants as well as project partners (US Forest Service, Karuk Tribe of California, Bureau of Land Management, Department of Transportation and the Passport In Time (PIT) Traveler program).



From right to left: Bryan Colegrove (Basketweaver), Kathy Barger (Basketweaver and Archaeologist/Anthropologist, Six Rivers National Forest), Jenny Stauffer-Jackson (Basketweaver), Ruth Coleman (Director, California State Parks), Ken Wilson (California State Archaeologist, BLM), Laverne Glaze (Basketweaver), Virginia Larson (Basketweaver), Ana Dittmar (Heritage Resources Program Manager, Six Rivers National Forest), Wayne Donaldson (State Historic Preservation Officer) and Renee Stauffer (Basketweaver).

Making Peace

Barbara Lee Norman, Peacemaker/Attorney

Happy New Year and many blessings to all of you. I would like to take this opportunity to thank you for affording me the wonderful experience that I had last year serving as your legal counsel and Peacemaker. I am very proud to be working with a sovereign government; a Tribe, held together for the purpose of preserving its culture and the unity of its People. I was privileged to help and meet many of you last year. I enjoyed each and every one of you and pray that you were assisted both spiritually and professionally. Many thanks to the Karuk Council—

members who I have found to be most dedicated workers for their People, their Tribe and for the future generations to come. Remember to thank them often and to strengthen solidarity with one another. Let this year be the year for union and forgiveness amongst all Nations and let it be demonstrated within the boundaries of the Karuk Nation as a much needed example for all. Enjoy the many blessings that are sure to flow throughout this New Year to you, the Karuk Tribe of California.

Once again, *yootva*.

Happy New Year Karuk Tribe and Friends!



Dion Wood

Dion Wood, TERO Director

The Tribal Employment Rights Ordinance (TERO) Department would like to wish everyone a prosperous and productive New Year!

Our goal in TERO is to support the employment and training needs of our members, as well as to be an active participant in the contracting process of the Tribe to ensure that Tribal members have a chance to gain meaningful employment. We support the learning of new vocational skills and support opportunities for training to increase skill levels and the value of work so Tribal members can obtain a more profitable livelihood and a greater quality of life for their families.

Through the past year the Tribal Council has demonstrated support of TERO's goal by approving the recommendations of the TERO Commission and amending the Tribal TERO Ordinance to reflect "Tribal preference" which will support more Tribal families and Tribal members

*Bessie Munson &
Verna Reece
learning new
computer skills
from Happy Camp
Community
Computer Center
teacher Gerry
Canning*



in our communities as they seek employment with the Tribe.

Currently, the TERO department is in the process of updating the Tribal "Skills Bank" so that we can have the latest skills information for any Tribal members and others who would like to be considered for any kind of employment or consultant opportunity that may become available within the Tribe or neighboring Tribes in the future. Updating your file would include submitting an updated resume or any certification documentation that you have received for any training that you participated in, or even reference letters or any other information that is pertinent to you. This is an ongoing process, and as the Tribe grows in economic development, we will be looking to our Tribal membership first to fill the needs of a growing and diverse organization such as the Karuk Tribe!

The TERO Commission is excited as it looks ahead to see what is developing for TERO and for all the TERO's in Indian Country! Soon, the Pacific Northwest Region of Tribal TERO departments will have all adopted policies and procedures and forms so that when one Tribe in the region certifies an Indian owned business, that same business will be certified within that entire region! This means that our own Tribal businesses can be certified by our own Tribe and at the same time be recognized in Indian Country in four states. That same business would appear on a contractor's list of eligible bidders for every Tribe in the region that has contracting opportunities. It is only a matter of time when all the Tribal TERO departments in Indian Country will be consolidated in this way so that an Indian owned business can be registered and be considered for contracting by every Tribe in Indian Country nationwide. We may see this happen in 2005!

The current TERO Commission consists of: R. Lynn Parton, Dolores Voyles, Alvis Johnson, Elsa Goodwin, David Nelson and Cecilia Arwood. The TERO Director is Dion Wood. If you would like more information or have any questions please contact Dion at 800 505-2785 extension 2030.

2004 Good Samaritan Employee of the Year

*Submitted by: Branda Wegner
(Twyla's Sister)*

Twyla Jean Owens, a Native American from the Karuk Tribe of California, moved to Lovington, NM from Fontana, CA in February 2001. She was hired by the Good Samaritan Society in July 2001 in the housekeeping/laundry department. She enjoyed volunteering there before her employment. She has been named the 2004 Employee of the Year. She was honored for her compassionate nature and willingness to go the extra mile in assisting others and most of all for her rapport with the residents of the nursing home. She is often seen hugging and helping the residents. Twyla has a son Joe Owens and a grandson Michael. When Twyla takes time to relax, she enjoys playing with her cat "Tuffy" and trying her luck at the casino.



*Twyla Jean Owens,
with 2004 Good
Samaritan Employee
of the Year award*

Karuk Tribe of California - Office Phone Directory

Yreka Tribal Clinic
 1519 South Oregon Street
 (800) 371-8080 or (530) 842-9200

Medical Services – Dial Extension 0
Dental Services – Dial Extension 5
 Medical & Dental Fax: (530) 842-9217

Social Services – Dial Extension 126
 Social Services Fax: (530) 841-5150

Yreka Housing Authority
 1320 Yellowhammer
 (530) 493-1644 - Fax: (530) 842-1646

Yreka Head Start
 1316 Yellowhammer
 (530) 842-9225 - Fax: (530) 842-9226

Yreka Tribal Court House
 201 S. Broadway
 (530) 842-9228 - Fax: (530) 842-9227

Naa Vura Yee Shiiip Program
 361 Oberlin Road
 (530) 841-0729 - Fax: (530) 841-0768

Happy Camp Dental Clinic
 64236 Second Avenue
 (800) 505-2785 or (530) 493-1600
Dial Extension 2150 For Dental
 Fax: (530) 493-5364

Orleans Department of Natural Resources
 39051 Highway 96
 (530) 627-3446 - Fax: (530) 627-3448

Fisheries Department
 (530) 627-3116 - Fax: (530) 627-3055

NAGPRA/Mid-Klamath Subbasin Coord.
 (530) 627-3893

Somes Bar Watershed Program Office
 99300 Highway 96
 (530) 469-3454 – Fax: (530) 469-3347

Happy Camp Health Clinic
 38 Park Way
 (530) 493-5257 - Fax: (530) 493-5270

Happy Camp Housing Authority
 635 Jacobs Way
 (800) 250-5811 or (530) 493-5434
 Fax: (530) 493-2485

Happy Camp Head Start
 632 Jacobs Way
 (530) 493-2226 or (530) 493-2919
 Fax: (530) 493-2223

Happy Camp Computer Center
 25 Fourth Avenue
 (530) 493-5213 - Fax: (530) 493-2019

Karuk Building Center (Hardware Store)
 63735 Highway 96
 (530) 493-2330 - Fax: (530) 2295

Community Development Corp. (KCDC)
 533 Jacobs Way
 (530) 493-5376 - Fax: (530) 493-5378

Happy Camp Pharmacy
 64236 Second Avenue
 (877) 580-9051
 (530) 493-2022 - Fax: (530) 493-2355

Happy Camp People’s Center Museum
 64236 Second Avenue
 (530) 493-1600 Extension 2201 (Gift Shop)
 Fax: (530) 493-2564

Orleans Medical Clinic
 39051 Highway 96
 (530) 627-3452 - Fax: (530) 627-3445

Orleans Panamnik Center
 459 Asip Road
 (530) 627-3056 - Fax: (530) 627-3058

Somes Bar Water Quality Office
 99300 Highway 96
 (530) 469-3456 or (530) 469-3258

Karuk Tribe of California - Administrative Offices

(800) 505-2785 • (530) 493-1600 • 64236 Second Ave., Happy Camp, CA 96039-1016

<u>Name</u>	<u>Department/Title</u>	<u>Extension or Phone Number</u>
Amber Ariza & Bonnie Alvarez -----	Senior Nutrition Center	2020
Anna Myers -----	Contract Health Services	2156
Arch Super -----	Chairman	2019
Barbara Snider -----	CQI Assistant	2145
Betty Fayette -----	Pharmacy	2300
Brenda Franklin -----	Billing Office	2103
Carrie Davis -----	Self-Governance/Land Assistant	2031
Cecilia Arwood -----	Finance – Travel	2057
Cheryl Titus -----	Contract Health Services	2151
Chris Kleeman -----	Information Technology	2050
David Arwood -----	Billing Office	2104
David Eisenberg -----	Public Health/Safety/Outreach	2115
Debbie Whitman -----	Registered Dental Assistant	2133
Dental Office -----	Main Numbers	(530) 493-2201 or Ext. 2150
Dion Wood -----	Tribal Employment Rights	2030
Dolores “Doozie” Voyles -----	Enrollment	2028
Dorothy Beck -----	Enrollment/Tribal Census	2039
Ellen Johnson -----	Administration Receptionist	0
Erin Hillman -----	Contract Compliance Specialist	2017
Florence Lopez -----	Elders Program Director	2132
Florrine Super -----	Council Secretary	2052
Fred Burcell -----	Maintenance Department Director	2054
Hector Garcia -----	Self Governance Director	2041
Jamie Orge -----	Finance – Accounts Payable	2015
Jennifer Goodwin -----	Education Program	2034
Jennifer Jones -----	People’s Center Gift Shop	2201
Laura Mayton -----	Chief Finance Officer	2013
Leaf Hillman -----	Council Vice Chairman	2040
Lessie Aubrey -----	Director of Quality Management	2042
Lisa Aubrey -----	Low Income Assistance Programs	2025
Lucille Tiraterra -----	Dental Receptionist	2150
Marlene “Sunday” Kalua -----	Billing Office	2131
Mechanics -----	Mechanic Shop	(530) 493-5244
Michael Thom -----	Finance – Accounts Payable/Rec.	2014
Muriel Frederick -----	Billing Office	2105
Nicole Hokanson -----	Registered Dental Hygienist	2116
Patti White -----	Billing Office	2107
Renaë “Lynn” Parton -----	Administrative Assistant	2036
Robert Attebery -----	Community Health Representative	2112
Sara Spence -----	Human Resources Manager	2010
Scott Quinn -----	NEPA/Land Management	2033
Sharon Meager -----	Data Entry	2154
Susan Gehr -----	Language Program	2205
Suzanna Hardenburger -----	Medical Coding	2106
Tamara Barnett -----	Finance – Payroll	2011
Trista Parry -----	Grant Writer	2021
Vickie Walden -----	Dental Office Manager	2111
Wes Valentine -----	Executive Director	2134

2004 Annual Employee Awards Banquet

Sara Spence



The staff of the Karuk Tribe held their Annual Awards Banquet in Happy Camp on December 17, 2004. There was quite a turnout this year (I believe the wonderful raffle prizes the Council purchased had something to do with it)!

Each year there are award categories that all employees are invited to vote on. The categories are: Most Fun to Work With, Best Team Player, and Most Optimistic Attitude. Each employee receives a ballot and votes for the employee they feel fits the award. All employees are also asked to nominate an employee for Employee of the Year and give a reason why they feel that person should be selected. The Tribal Council then reviews the nominations and makes the final decision of who will receive the award and also presents Council Recognition Awards for exemplary performance by employees throughout the year.

Employee of the Year for 2004 was Harold Tripp! Harold has worked for the Tribe since 1991 and during that time has worked on numerous projects. Quite often he works 7 days a week to get the job done and goes well beyond his job duties. He looks for ways to make the lives of Tribal Members more rewarding and strives to provide them with gainful employment. His work over the past several years to develop and establish a Tribal Fire Crew employing



Leaf Hillman presenting Employee of the Year for 2004 award to Harold Tripp

twenty Tribal Members has been critical in giving many of the Tribe's youth a good start and hope that they can achieve their goals. He works with state and federal agencies to build relationships that can help the Tribe achieve its goals in protecting and preserving the cultural and natural resources of the Karuk People. His work is his life and it shows.

The awards in other categories were:

Most Fun To Work With: There was a four-way tie between David Eisenberg (Public Health Nurse in Happy Camp), Ellen Johnson (Administration Office Receptionist in Happy Camp), Ann Escobar (Tenant Relations



Ellen Johnson, David Eisenberg, Leaf Hillman, Ann Escobar & Nocole Finch

Officer at the Yreka Housing), and Nicole Finch (Head Start Teacher in Yreka).

Best Team Player:

There was a three-way tie between Erin Hillman (Contract Compliance Specialist in Happy Camp), Sara Spence (Human Resources Manager in Happy Camp), and Nita



Leaf Hillman, Sara Spence & Erin Hillman

Thank You

I would like to thank all the employees that voted for me for the Employee of the Year award. I appreciate your support for the years of work that have been put into the fire crew, the youth program and the many other projects that I am involved in.

I would also like to thank the Karuk 1 fire crew for their ongoing participation, particularly the members of the crew that have contributed since the beginning.

And thanks to Tamara Barnett for all the time that you have dedicated to the endless paperwork that is involved in the fire program.

Lastly, I appreciate the Tribal Council supporting the need to provide our Tribal People with opportunities to work in our Ancestral Homelands managing our cultural resources.

Harold Tripp

Still (Nurse at the Yreka Clinic).

Most Optimistic Attitude:

Cristina Townsend (Fiscal Clerk at the Happy Camp Housing Office).

Council Recognition Awards:



Leaf & Tamara Barnett

Daniel Pratt (Social Worker III in Orleans), Fred Burcell (Maintenance Director in Happy Camp), Tamara Barnett (Payroll



Daniel Pratt

Clerk in Happy Camp), Toz Soto (Fisheries Biologist in Orleans), and Earl Crosby (Watershed Restoration Coordinator in Somes Bar).

The Council also presented **Special Achievement Awards** to Wes Valentine (Executive Director in Happy Camp), Mike DeHart (Pharmacy Director in Happy Camp), and Lessie Aubrey (Director of Quality Management in Happy Camp) for their outstanding performance throughout the year and dedication to their positions for the Tribe.



Leaf & Mike DeHart



Susan Gehr & Phillip Albers, Jr.

The Housing Authority presented two awards at the banquet. Their Employee of the Year was Danny Thom of the Yreka Housing Authority. A plaque was also presented to Sami Difuntorum,

Executive Director, of the Housing Authority.



Bessie Munson & Arch Super

Susan Gehr presented awards thanking the individuals that have worked with her in the Language Program over the past couple of years. Their work and dedication are instrumental in the

revitalization of the Karuk Language. Bessie Munson presented a Thank You Award to the entire Karuk Tribal Staff for supporting her throughout the past year. Sharon Denney presented an award to Nita Still for her dedication and hard work as a Licensed Vocational Nurse at the Yreka Clinic.



Leaf presenting Danny Thom his Housing Employee of the Year award

All in all it was a great time and everyone had a great afternoon. We may need to look for another location to hold next year's banquet as the staff is quickly outgrowing the facility and it was standing room only in the gym!



Left: Erin Hillman, Auntie Jeanne Burcell, Leaf, Chaas Katip-hirak Hillman & Molli White



Leaf & KTHA Director, Sami Difuntorum



Blanche Moore & Lynn Parton serving up another great meal



Good crew, friends, family and fun, great food, fantastic prizes and holiday cheer to all who were there



LIHEAP. HIP. GA. SWEEP. ADULT SERVICE Departments

1-800-505-2785 or 530-493-1600 Ext. 2025

Lisa Aubrey, LIAP Administrator

ATTENTION Tribal members. We are currently accepting LIHEAP Applications (Home Energy Assistance). If you live in the Tribal service area and are in need of assistance with wood, propane/kerosene, or electricity, please call or write for an application. The LIHEAP program is based on income, family size and energy burden.

I would also like to inform Tribal members about the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill.

Great Northern also helps with energy assistance. You can apply for an application by calling 530-938-4115 *828.

For those Tribal members who live outside of the Tribal service area, I would like to let you know of an energy assistance referral program called National Energy Assistance Referral (NEAR). NEAR is a free service providing information on where you can apply for LIHEAP. You can speak to someone Monday through Friday, from 6 a.m.- 6 p.m. (Mountain Time). Call the toll-free phone number at: 1-866-674-6327.

Low Income Assistance Programs:

☞ **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible Tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.

☞ **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Tribal member.



☞ **Housing Improvement Program (H.I.P.):** This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need:

1. Be a member of a federal recognized American Indian Tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Proof of Ownership or Lease
6. No prior HIP assistance



These BIA Programs are secondary Low Income Assistance programs. An applicant will have to apply or have applied for assistance from other federal, state, county, Tribal or local agency in the service area. The applicant must not receive any comparable public assistance.

☞ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).

☞ **Skills, Work, Education Enhancement Program (SWEET):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining and incentive payment. An applicant can be on the program for two years final.

☞ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.

ATTENTION TRIBAL MEMBERS: I will be sending out HIP applications to every adult Tribal member who lives within our service area. I encourage every individual to complete an application and mail it back to the Karuk Tribe.

I will be collecting the information needed to complete the applications that I receive and mail them to the BIA Sacramento office no later than September or October 2005. Please fill out an application. Yootva.

My name is Lisa Aubrey and if you have any further questions please call 530-493-1600 ext 2025.

DNR Water Quality Program

Jim Henderson, Water Resources Coordinator

The Water Quality Program is currently maintaining six hydrolab water-monitoring units on the Salmon River, Beaver Creek, Indian Creek, Elk Creek, Ti-Creek and Irving Creek. The units measure a suite of parameters in the form of data shared with other state and federal agencies. During the winter months, we are mostly concerned with monitoring levels of turbidity.



The WQ program has contracted the Oregon State University to conduct research into the relationships between water quality parameters and fish diseases, specifically *Ceratomyxa Shasta*. This research is extremely timely

because the results could be used within the relicensing framework. The results will also help us to better understand what is killing juvenile and adult salmonids.

The WQP is also helping to bring Humboldt State University into the fray of Klamath River and Tribal issues. The Tribe is sponsoring research regarding the socio-economic effects of salmon decline, impaired religious practices, and the detrimental health impacts of a diet altered from traditional foods. Dr. Kari Norgaard has just completed a study that looks into some of the health consequences that Karuk people have encountered as a result of an altered diet. She is also acting as a liaison to graduate students from HSU

and to a Karuk Tribal member that is a practicing dietician.

A scoping meeting on Environmental Justice (EJ) sponsored by Cal/Fed and Cal/EPA was just held in the Sacramento EPA building. They are currently seeking public input and case suggestions that can be used as pilot projects to see how EJ is applied and navigates through the state and federal bureaucracies. It is being applied in four ways: water, air, toxic compounds and pesticides. Current rumors suggest that a pilot project will be applied to the four Tribes of the Klamath River together. While this effort will not focus on the Karuk Tribe solely, it can help keep Tribal concerns on the radar.

Negotiations with PacifiCorp and FERC are ongoing. The WQP is helping to provide technical support to this process, as it is needed. FERC recently held a public meeting in Orleans to seek input on the Klamath Project relicensing. The Tribe had hoped for a true government-to-government meeting as required by U.S. Federal law but that has yet to be seen.

The WQP is also funding a study to characterize the "fate of nutrients" throughout the Klamath system. That is to say, what happens to fertilizers as they progress through the river system from the headwaters to the mouth. This information is critical to understanding the river and refuting the PacifiCorp claim that the dams are cleaning up the water.



Photo courtesy Chewich

Four very good reasons why the Klamath River is so important to Tribal people...

Karuk Language Program Update

Susan Gehr, Language Program Director

We are finishing up production on a Karuk songs video for children and a CD of traditional songs. Julian Lang's Institute for Native Knowledge is working on both of those projects. As with the phrasebook and video, we will have 250 copies to give away.

Also soon to be available is "Ethnographic Notes" a collection of John P. Harrington's unpublished field notes. He collected stories, cultural information and even some gossip during his visits to Karuk country in the 1920's. It contains much information that would have otherwise been lost, though at times it reveals more about his interests than it does about us.

Additionally, he had an excellent ear for the Karuk language, and his work greatly adds to the body of knowledge about it.

We still have weekly classes in the communities of Orleans, Happy Camp and Yreka.

Please contact Susan Gehr at (800) 505-2785, extension 2205, or at sgehr@karuk.us if you are interested in attending our weekly language classes or would like to receive one of the items mentioned above as they become available.



Susan Gehr, telling a Karuk story to elementary school children

DNR Scholarship Award

Molli J. White, Clerical Technician

Congratulations to Elaina Supahan for being selected to receive the 2004 Karuk Tribe Department of Natural Resources Klamath River Inter-Tribal Fish and Water Commission scholarship.



Leaf Hillman awarding scholarship check to Elaina Supahan

The Department of Natural Resources (DNR) would like to acknowledge her outstanding commitment to education, her community and the Karuk culture.

Students interested in applying for the Fall 2005/Spring 2006 scholarship must provide the following information to the Karuk Tribe Department of Natural Resources by July 29, 2005.

 **A letter from the applicant demonstrating:**


- (1) An interest in natural resources,
- (2) Commitment to education, community/culture,
- (3) Academic merit, and
- (4) Financial need


The letter should address all four points. The letter may be up to two pages in length.


 **Resume**

 **Two letters of reference**

 **Copy of Karuk Tribal Membership Card**

 **Minimum Grade Point Average of 3.5**

 **2005 graduating high school seniors:** Please provide documented proof of application to an institution of higher education to study in the area of Natural Resources along with a copy of school transcripts.

 **College students:** If you are currently enrolled in a higher education program please provide documented proof of studying in the area of Natural Resources along with transcripts.

The scholarship information and inquiries should be directed to the Karuk Tribe Department of Natural Resources:



Senior Center Program

Babbie Peterson, Senior Center Supervisor

Be a part of a national movement and become a mentor, be active in our native communities by sharing your wisdom. Below are excerpts of a press release from Harvard School of Public Health dated 12/16/2004.

The "first wave" of boomers will mark their milestone 60th birthday starting just over a year from now. Thanks to the longevity revolution, the average 60-year-old can expect to live to 83, and many will continue well into their 90s.

"I don't think people need to retire and just sit on the front porch and rock," former Senator Glenn says in the public service announcement.

"They've had a lifetime of experience. They can pass that on. There's nothing like inspiring a young person in these areas of curiosity of their own, and a mentor can do that. It's very important today for young people to have mentors in their lives. It's life experience, and that's what the young people lack. January is National Mentoring Month.

So share what you know. Become a mentor."

Thursday January 13, 2005 there will be a meeting at Panamnik Center with community members interested in starting a crafts club. The Orleans Seniors who participate in the nutrition program had a couple of fund raising activities this past year and are planning more. This senior group is independent from the Karuk Senior Center Program. The Karuk Senior Center Program encourages seniors and other community members to become volunteers and organize classes, clubs, fundraisers, etc., for social enrichment in all of our native communities. Let us know if we can help you by assisting with coordination for scheduling activities in Tribal buildings in your community. You can call us at 530-627-3056. By being a volunteer with senior exercise classes, being a senior companion or caregiver, we can provide some training when it becomes available. These funds are limited and will be used to train people that are actively volunteering on a regular basis.

Department of Natural Resources

Attn: KRITFWC Scholarship

P.O. Box 282

Orleans, CA 95556

(530) 627-3446

Patient Satisfaction Survey

Wes Valentine, Director of Health & Human Services

Each year the Karuk Tribal Health Program conducts a Patient Satisfaction Survey to monitor their services to Tribal Members and their level of satisfaction with those services. The information gathered is invaluable to the Health Program and allows them to continually adjust and improve the levels of service they provide.

In past years there has not been an overwhelming response to our requests for patients to complete the survey, so this year there was a different approach. We offered each



*Norine McLaughlin,
survey raffle winner*

patient that submitted a survey the opportunity to receive an entry in a raffle drawing for a \$50.00 gift certificate to the People's Center Museum Gift Shop in Happy Camp. This incentive allowed us to receive many, many surveys that will help us in our Continuous Quality Improvement (CQI) activities.

I would like to personally thank every patient that submitted a survey for taking the time to fill it out and congratulate the winner of the raffle which was Norine McLaughlin of Orleans!

The Nurse's Corner

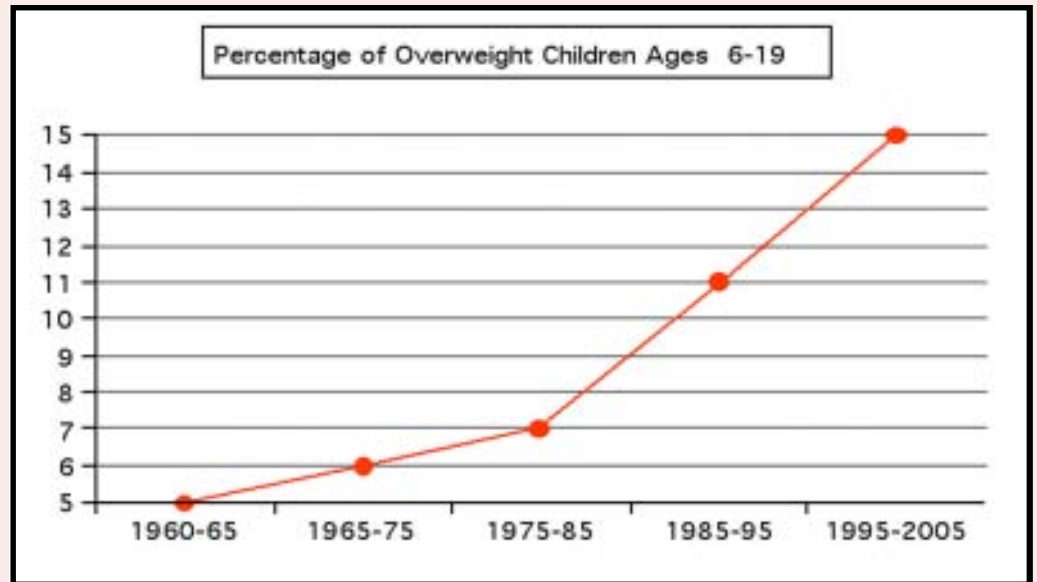
David Eisenberg, PHN

During the last 20 years the weight of the average American has risen. It's hard to know exactly why so many people are weighing more, but there are many suspects:

- We are less active
- Many of the foods we eat are high in fats and sugar
- We have the cheapest and most plentiful food in the world
- We are taking in more calories in food than we are putting out in exercise
- We have more sedentary activities (watching TV – playing video games)

The trend is especially worrisome among young people. Rising weight is a risk factor for medical conditions, including heart disease and diabetes. And

Native Americans already have higher rates of diabetes than other Americans. The graph shows the number of children who are considered overweight has risen from 5 percent to 15 percent.



What can we do? Many traditional foods of the Karuk People are higher in protein and lower in saturated fats and sugar. Aama (salmon) and Xunyeeep (acorns) are some examples. The Karuk Tribe is active in making sure that Tribal members will always have access to their native foods. In addition to traditional foods, here are some other things to consider.

- Be more active
- Eat a healthy breakfast
- Have more fruits and vegetables
- Avoid foods high in sugar and fat

Head Start News

Toni McLane, Head Start Director



Happy Camp Head Start children and staff take a break after a fall nature walk at the Curly Jack Campground in Happy Camp

Volunteers Needed - The Happy Camp Head Start Center is seeking volunteer(s) to provide Karuk language and songs to three and four-year-old children. Contact Linda at 493-2919. We would also like to encourage any volunteers to contact the Yreka Center at 842-9225 or Happy Camp Center at 493-2919 or 493-2226 if you would like to volunteer for any services you can provide.

National Reporting System – All Head Start Programs Nationwide have participated in this mandated assessment tool which assesses four-year-old children in all Head Start Programs. The Karuk Tribal Head Start Program has participated since the fall of 2003 and the current results as of December 22, 2004 of the Karuk Tribal Head Start Tribal Program are as follows:



Look who visits the Yreka Head Start Center! Wouldn't you know it, they brought candy and toothbrushes for all the children



One of a kind structure created by these Happy Camp Head Start students

	<i>Karuk Tribal Head Start Average</i>	<i>National Average</i>
Understanding Spoken English	98%	89%
Vocabulary	71%	67%
Letter Recognition	44%	54%
Early Math Skills	64%	68%

Dental Prevention Activities

Vickie Walden, Dental Clinic Manager

We are celebrating Children's National Oral Health Month in February 2005. During this month we are going to scheduling dental Prevention activities at Karuk Tribal Housing, Head Start Programs, Family Resource Centers, Elementary Schools and by request other children's programs.

Free Dental Screenings are available upon request at both Karuk Dental Clinics. It is very important for pregnant mothers, children, diabetics, and people who have used or are currently using tobacco products to have an annual dental screening or check up at least once a year. The screenings are being done by Nicole Hokanson RDH, our Dental Hygienist.

We like to start seeing children as soon as they get their first tooth. Then they get used to coming into the clinic, the clinic environment and the clinic staff. Also the hygienist will share her knowledge on oral diseases and the best way to take care of you teeth at home.

Possible Lifestyle Changes for Tooth Decay / Cavities

Eat a diet high in fruits and vegetables. Avoid carbonated soft drinks; they are high in sugar and lead to loss of calcium in

tooth enamel. Avoid refined sugars and do not smoke. Do not use chewable vitamin C tablets, they erode tooth enamel. Practice good oral hygiene by brushing after every meal and snack, flossing daily and seeing a dentist for a professional cleaning and examination at least twice a year.

How can sealants help prevent cavities?

Coating your teeth with a slippery plastic material makes it harder for plaque to stick to the tiny grooves on the biting surfaces of the teeth - reducing the risk of forming cavities and tooth decay



A tooth abscess forms around the tip of the tooth's root. This will cause the tooth to ache constantly, and be extremely painful to chew on. If the abscess is left untreated, it will begin to erode the bone around the tooth, and may lead to the formation of a small fistula, or canal, through the bone and its overlaying gum. Just before the fistula reaches the surface of the gum, a swelling, or boil may form. This can persist, or burst releasing foul tasting pus into the mouth.

Tooth decay usually does not pose a serious health risk if treated early; however, if the decay is allowed to progress, the tooth will likely die, and the spreading infection may result in general blood poisoning, fever, swelling in the face and neck, and a general feeling of unwell.

ELIJAH JON GREER



June 15 th 2004
6 Lbs 13 Oz
12:19 AM

Parents: Rebecca & Jon Greer

Grandparents: Wendy & Larry Stephenson, Lee Greer, and Margie Larson

Born: June 15, 2004 at 12:19 AM in Everett, WA
6 lbs. 13 oz
19.5 inches long

Chaas Katip-hirak Hillman Nick-nekich Ikpihan Hillman

Chaas (little brother)
Katip-hirak
(village at old Hillman Ranch)

Nick-nekich (sparrow hawk)
Ikpihan (strong)



Born: November 12, 2004 in Arcata, CA
8 lbs. 11 oz.,
21 inches long.

Born: May 1, 2003 in Eureka, CA
9 lbs. 3 oz., 22 inches long.

Parents: Leaf Grant Hillman & Molli Jane White
Paternal Grandparents: Grant and Laurine Hillman
Maternal Grandparents: Harold & Sandi Tripp, & Clarence White

Andreas Christopher Kufner

Parents: Chris and Laura Kufner;
Grandparents; John and Linda (Davis) Kufner, Happy Camp;
Born: December 14, 2004 in Sacramento, CA
8lbs 9 oz, 21 inches long.
Basket was made by Madeline Davis



Happy Birthday Wishes!

Rita's birthday was January 12 and she is 20. Jeana's birthday was December 25 and she turned 21.

The birthday wishes are from their cousins: Arch, Florraine, and Kayla Super.



Rita and Jeana Thom

What Are the Signs of Alcoholism?

Joe Snapp, Substance Abuse Counselor

By definition, chemical dependency is a pathological relationship to mood altering experiences that have life threatening consequences. It is a way not to feel the feelings.

The following questions will help you learn of some of the symptoms. Accurate diagnosis depends on the reliability of the answers given.

1. Do you occasionally drink or use heavily after a disappointment, a quarrel, or when the boss gives you a hard time?_____
2. When you have trouble or feel under pressure, do you always drink more heavily than usual?_____
3. Have you noticed that you are unable to handle more liquor than you did when you were first drinking?_____
4. Did you ever wake up on the “morning after” and discover that you could not remember part of the evening before, even though your friends tell you that you did not “pass out”?_____
5. When drinking with other people, do you try to have a few extra drinks when others will not know it?_____
6. Are there certain occasions when you feel uncomfortable if alcohol is not available?_____
7. Have you recently noticed that when you begin drinking you are in more of a hurry to get the first drink than you used to be?_____



8. Do you sometimes feel a little guilty about your drinking?_____
9. Are you secretly irritated when your family or friends discuss your drinking?_____
10. Have you recently noticed an increase in the frequency of your memory blackouts?_____

11. Do you often find that you wish to continue drinking after your friends say that they have had enough?_____

12. Do you usually have a reason for the occasions when you drink heavily?_____
13. When you are sober, do you often regret things you have said or done while drinking?_____
14. Have you tried switching brands or following different plans for controlling your drinks?_____
15. Have you often failed to keep the promises you have made to yourself while drinking?_____
16. Have you ever tried to control your drinking by making a change in jobs, or moving to another location?_____
17. Do you try to avoid family or close friends while you are drinking?_____
18. Are you having an increasing number of financial and work problems?_____
19. Do more people seem to be treating you unfairly without good reasons?_____
20. Do you eat very little or irregularly when you are drinking?_____
21. Do you sometimes have the “shakes” in the morning and find that it helps to have a little drink?_____
22. Have you recently noticed that you can not drink as much as you once did?_____
23. Do you sometimes stay drunk for several days at a time?_____
24. Do you sometimes feel very depressed and wonder if life is worth living?_____
25. Sometimes, after periods of drinking, do you see or hear things that are not there?_____
26. Do you get terribly frightened after you have been drinking heavily?_____



If you answered “yes” to any of the questions, you have some of the symptoms that may indicate alcoholism.

“Yes” answers to several of the questions indicate the following stages of addiction.

- Questions 1 - 8 **Early Stage**
- Questions 9 - 21 **Middle Stage**
- Questions 22 - 26 **The Beginning of Final Stage**

In Loving Memory

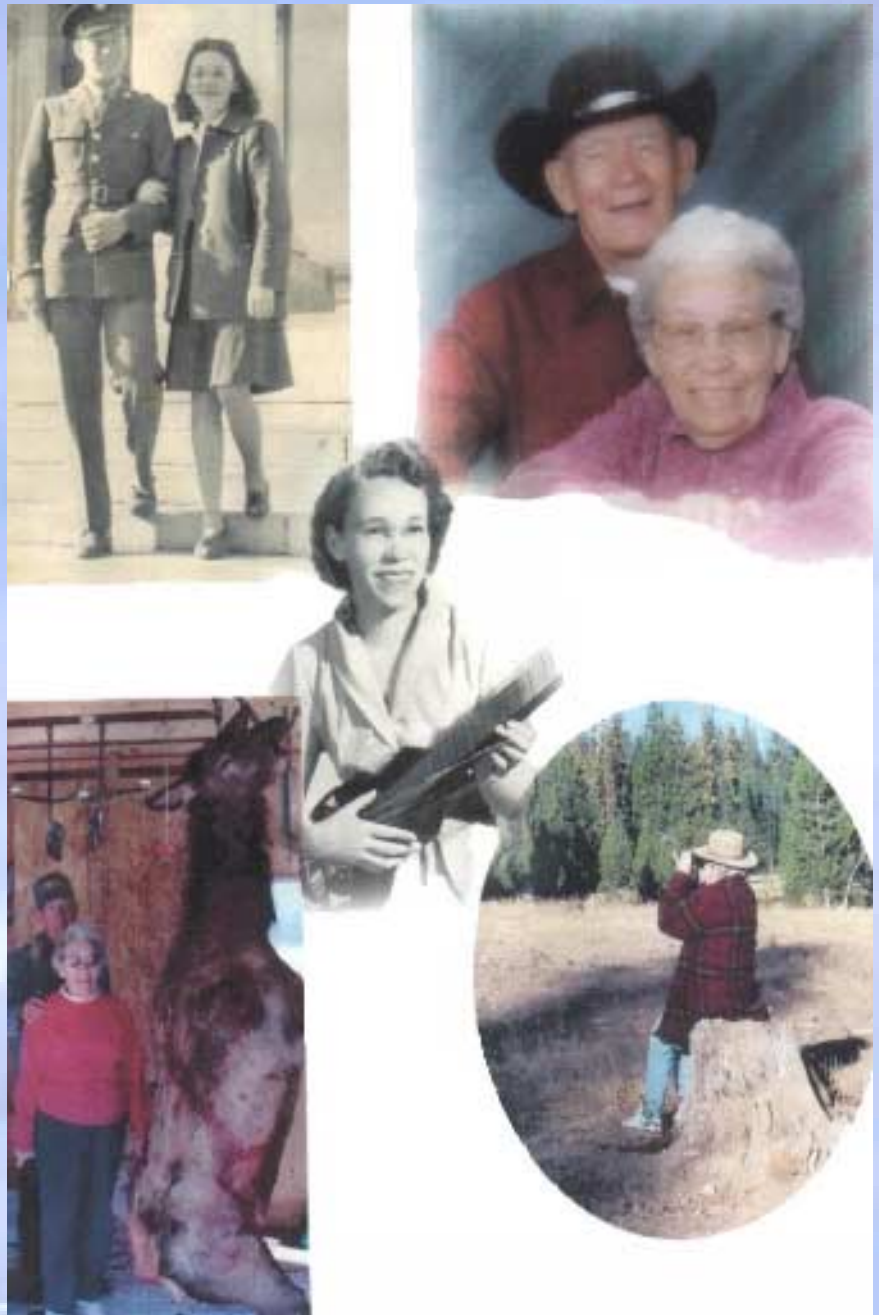
Bernice Mae Kolkow

Bernice Mae Kolkow, 82, of Grants Pass, Oregon died Wednesday Dec 8, 2004 at Highland House Nursing and Rehabilitation Center. A memorial service was held at Chapel of the Valley-L.B. Hall Funeral Home, with her nephew Charles "Bo" Brazille, officiating. Private interment will be at Eagle Point National Cemetery.

Bernice was born April 8, 1922 at Store Gulch, down the Illinois River, to John & Christina (Thomas) Brazille. In 1927 her family moved to Three Pines where she grew up. She worked in the hop yards and on the bulb farms. She also worked as a waitress at the Club Cafe in Grants Pass. On Nov 15, 1943 in Reno, she married Clarence Kolkow, a boy she had known since she was 5 years old.

She was a member of the Karuk Indian Tribe in Happy Camp, Calif. She was also a life member of the Veterans of Foreign Wars in Malin, Or. She enjoyed crocheting, hunting, fishing, taking drives in the woods, and studying about her Indian heritage.

In addition to her husband, survivors include a daughter, Juanita Brood of Phoenix, Ore; a son, Alan Kolkow of Auburn, Wash; 3 sisters, Irene Kolkow and Julia Brownfield of Grants Pass, Or, and Joanne Fry of Coquille, Or; eight grandchildren and 11 great grand-children; numerous nieces and nephews.





Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Winter, 2005

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- Leaf Hillman,**
Vice-Chairman
- Florrine Super,**
Secretary
- Leon Hillman,**
Treasurer
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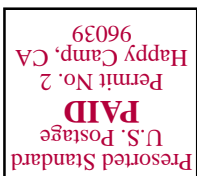
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Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.



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