## What you need to know about COVID-19

# What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 was first identified in Wuhan, China in December 2019.

#### What are the symptoms of COVID-19?

People with COVID-ID have mild to severe respiratory illness, or problems with their lungs and breathing.

- Symptoms include:
- fevercough
- shortness of breath

### Have there been cases of COVID-19 in

#### the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <u>https://www.cdc.gov/coronavirus/2019-ncov/cases-inus.html</u>.

#### How does COVID-19 spread?

The virus that causes COVID-19 can be spread from person to person. A sick person can spread the virus to others by coughing or sneezing near them. The virus can also spread through close personal contact, like touching or shaking hands with a sick person.

#### Who is most at risk of severe

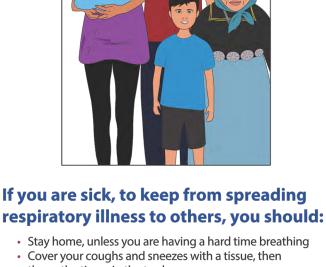
- COVID-19?
- Elders and adults over 60 years of age
- People with heart and lung disease
  People with diabetes
- People with diabetes

#### How can I protect myself and my family?

- Avoid people who are sick
- · Avoid crowds. Try to stay at least 6 feet away from others
- Avoid touching your eyes, nose and mouth
- Wash your hands often with soap and water for at least 20 seconds or use hand sanitizer.







- throw the tissue in the trash
- Clean and disinfect surfaces and frequently touched objects

### If you or a family member is having trouble breathing, you should call your doctor

 But do not go to the hospital if you only have mild symptoms

#### Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to avoid being exposed to the virus that causes COVID-19.

#### Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

For more information: www.cdc.gov/COVID19