



# Karuk Tribe

## Air Quality Update

As wildfires continue to burn throughout the region, our communities will experience impacts from smoke. The Karuk Tribe **HAS AIR PURIFIERS** available! Contact your local Community Health Representative (CHR) to arrange for one to be issued to your household, they will be tracked and picked up after fire season. If you have a purifier from a previous smoke event, be sure the filter is clean prior to use.

### Yreka Area

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Letha Jerry	530-643-0259	530-842-9200, Ext. 7005	<a href="mailto:ljerry@karuk.us">ljerry@karuk.us</a>
Roberta Kelley	530-902-2559	530-842-9200, Ext. 7006	<a href="mailto:rkelly@karuk.us">rkelly@karuk.us</a>

### Happy Camp Area

Beverly Chavez	530-643-1254	530-493-1600, Ext. 2130	<a href="mailto:bchavez@karuk.us">bchavez@karuk.us</a>
Arron (Troy) Hockaday	530-489-8003	530-493-1600, Ext. 2132	<a href="mailto:ahockaday@karuk.us">ahockaday@karuk.us</a>

### Orleans Area

Melodee Brewington-Conrad	530-598-8654	530-627-3452, Ext. 3220	<a href="mailto:mbrewington@karuk.us">mbrewington@karuk.us</a>
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Monitor real-time air quality conditions in your area at:

[www.purpleair.com](http://www.purpleair.com) or [www.airnow.gov](http://www.airnow.gov)



Smoke and poor air quality are worse for those with **Asthma, COPD, Heart Disease, and Children**. Limit smoke exposure, know your air quality, avoid strenuous activities, stay indoors, do not use cooling devices that pull in outside air, and keep car windows closed with air on recirculate. Always **BE READY** and have a plan for evacuation if required.

Smoke inhalation symptoms warranting a 911 call include cough, hoarseness or noisy breathing, red irritated eyes, pale skin color, headache, nausea, vomiting, changes in mental status, or soot in the nostrils. Treatments include chest x-ray, pulse oximetry, blood tests, hyperbaric oxygenation, intubation, and even CPR.

**STOP THE SPREAD PREVENT COVID-19**

**WE WEAR BECAUSE WE**



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