## **Karuk Community Health Clinic**

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Fax: (530) 493-5270



## Administrative Office

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## **Karuk Dental Clinic**

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## For Immediate Release

June 17, 2020

As States, Counties, and Cities surrounding the Karuk Tribe's Service Area continue to reopen and expand services that are available, the Karuk Tribe reminds its membership, communities, and workforce that the threat of Covid-19 spreading in our communities has **NOT** passed.

It is incredibly important that we all continue to diligently practice recommended personal safety measures: maintain six feet of social/physical distance, frequently wash your hands, use hand sanitizer when washing is not possible, cover coughs/sneezes, stay home when sick, and properly use facial coverings. A large percentage of residents in our communities are more vulnerable to contracting the virus, due to underlying health conditions, and it is our obligation to take every precaution we can, to protect them.

Although all offices and facilities continue to be closed to the public, we have been slowly reintroducing staff to the offices, while still supporting telework where possible. All employees are available by phone and/or email. The Covid Emergency Response Team is currently reviewing guidance from Federal, State, and Local authorities to develop our own Tribal Reopening Plan for future phases that will eventually allow for public access and facility use, although no target dates have been set at this time.

Covid-19 Testing is available in both Siskiyou and Humboldt Counties for anyone who would like to be tested as follows. You are not required to have symptoms to be tested.

- Yreka, Fairchild Medical Center, Monday through Friday from 8am to 6pm. Please park in the hospital's front parking lot and follow the signs outside of the Emergency Department leading to the outdoor testing tent. Testing is free, bring your ID and insurance card, if you have insurance.
- Fort Jones, Anav Tribal Clinic, 9024 Sniktaw Lane, Tuesday through Friday from 8:30am to 4:30pm. Testing is open to everyone, please call ahead if you are not currently a patient of our clinic 530-468-4470. Please park in the front parking lot and follow the signs outside our clinic. Testing is free, bring your ID and insurance card, if you have insurance.
- Willow Creek, Big Rock Day Use Area (2383-2405 Trinity River Highway), Thursdays in June from 10am to 3pm. Call 530-623-8235 or register online at <a href="www.trinitycounty.org/mobile-testTesting">www.trinitycounty.org/mobile-testTesting</a>. Testing is free, bring your ID and insurance card, if you have insurance.
- Eureka, Redwood Acres Fairgrounds, 3750 Harris Street. Please park in the lot across the street from the fairgrounds and enter through the main entrance. Visit <a href="https://lhi.care/covidtesting">https://lhi.care/covidtesting</a> or call 888-634-1123 to schedule an appointment. Testing is free, bring your ID and insurance card, if you have insurance.

The Tribe has worked diligently to develop a food distribution system and fulfill all funding agency requirements to obtain quotes for securing the supplies necessary to distribute food boxes to those in need of assistance, with the primary goal of keeping our community members at home as much as possible, to prevent contact with, or spreading of the virus, to vulnerable members of our communities. A link to the Food Application is available on

the Karuk Covid Page at <a href="www.karuk.us/covid19/">www.karuk.us/covid19/</a> once you have an application on file, you do not need to reapply, you will automatically be included in future distributions.

You can reach the Covid-19 Team at 1-800-50-KARUK, Extension 2500, or email <u>KarukCovid19@karuk.us</u> You can access other local resources by using the 211 Resource System, simply text your ZIP code to 898-211, or call 211 from any phone for more information.

We encourage everyone to continue to follow CDC guidance, and visit the following sites for more information and updates:

• Centers for Disease Control: <u>www.cdc.gov/</u>

• National: <a href="https://www.coronavirus.gov/">https://www.coronavirus.gov/</a>

• State of California: <a href="https://covid19.ca.gov/">https://covid19.ca.gov/</a>

• Humboldt County: https://humboldtgov.org/2018/HumboldtHealthAlert/

• Siskiyou County: <a href="https://www.co.siskiyou.ca.us/publichealth/">https://www.co.siskiyou.ca.us/publichealth/</a>

Phone: (800) 50-KARUK, Extension 2500 Email: <u>KarukCovid19@karuk.us</u> Website: <u>www.karuk.us/covid19/</u> Facebook: Karuk Tribe

péekrii vúra yávhi (Stay Safe)!

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