

Head Start Cook

Reports To: Center Supervisor/Teacher

Location: Yreka & Happy Camp Centers

Salary: \$8.50 to \$9.19 per hour, DOE

Summary: Under the direct supervision of the Teacher/Center Supervisor, shall provide support in the nutrition component of the Head Start Performance Standards and Child Adult Care Food Program, involving shopping, ordering supplies for preparation and maintenance of the food service at the center. Cooking, cleaning, submitting reports to the Head Start Administrative Office. Follows detailed instructions and procedures in accomplishing assignments.

1) What are your typical job responsibilities?

Shopping, preparing two meals, four days a week, cleaning and other duties as needed.

2) How do you *really* spend your day?

Doing the things described above and helping in the classroom.

3) How do you organize your day to ensure you get everything done?

I look ahead to create menus and do things in a timely manner.

4) What education/career paths lead you to this position? Were there any life changes that guided your way to this position (ex; closing of the mill, desire not to leave area, family)?

I worked in a nursing home for ten years and enjoyed cooking for people, then I moved home and went to work for the Senior Program. One of the staff asked me to apply for this position so I did, and got the job.

5) Uppers; what is the thing that you love most about your job?

Working with the kid.

6) Downers; what is the thing that you love least about your job?

Not being able to meet the needs of the kids outside of the program.

7) What inspires, excites, and/or motivates you in your job?

I like to have summers off and to have employers happy that you work for them, and the retirement program and health benefits.

8) What does your average work week schedule look like (ex; hours worked, meetings, appointments, traveling, etc.)?

I don't like to travel further than Redding. I work 30 hours a week and I like those hours.

9) How do you relieve stress?

I work on the source to try and resolve the source of the stress.

10) Does your job include a lot of traveling? Do you enjoy it?

Traveling short distances is ok, we go for a week training which is ok, and meetings in Yreka is ok three or four times a work year.

11) What advice would you give to someone interested in this line of work?

To get a state required food handlers certificate and make sure you like to cook for large groups.

12) What does *a typical day in your world* look like?

I unlock the doors, check menus, prep as needed, clean up, help in the classroom as needed (as time will allow after serving breakfast and lunch, also parent meetings, etc.